



Syllabus: *SWU 295 Foundations of Social Work Practice: Effective Helping in a Diverse World*

Course Information	
Course Prefix/Number: SWU 295 Semester: Fall 2018 Class Days/Times: Mon. & Wed. , 2:30pm to 3:45pm	Credit Hours: 3 Course Title: Foundations of Social Work Practice: Effective Helping in a Diverse World Room: GSK 4

Instructor Information: Name: Dr. Curtis Peterson, Ph.D.	Phone/Voice Mail: 520-383-0048 E-mail: cpeterson@tocc.edu Office location: Ha-Mascamdam Ha-Ki RM 118 Office hours: Tues-Thurs 1pm to 3pm, Thurs 4pm to 5pm
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Course Description:

Introduces the theoretical and practical foundations necessary for beginning social work practice in a diverse world. Emphasizes the theoretical foundation and skill base necessary for effective culturally competent communication and interviewing skills with individuals, families, small groups, and in larger systems. Prepares students to begin effective culturally competent communication with diverse constituencies.

- Course Objectives:**
- Demonstrate application of basic interviewing skills in an actual interview
 - Demonstrate knowledge of current theoretical and practical skills for social work practitioners working cross-culturally

- Evaluate the relationship between personal beliefs, attitudes, and identity and professional social work practice.
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Course Structure:

This course is partly traditional lecture and class activity and part independent study.

Texts and Materials:

Hill, C.E. (2016) *Helping Skills: Facilitating Exploration, Insight, and Action* (4th ed). Washington DC: American Psychological Association

Langer, C.L., & Lietz, C.A. (2015). *Applying Theory to Generalist Social Work Practice*. Hoboken, NJ: John Wiley & Sons

Evaluation and Grading & Assignments:**Class attendance and participation (400pts)**

16 weeks @ 25pts per class = 400pts

Term Paper (300pts)

Students will write a 4 to 5 page paper entitled: "My Philosophical/Theoretical Approach to Practice".

Professional Portfolio (300pts)

Students will create a professional portfolio which includes:

1. Personal professional statement (1-2 page)
2. Practice philosophy (1 page)
3. Assessment of CSWE nine competencies (2-4 pages)
4. Resume (2-3 pages)
5. Educational background (2-3 pages)
6. Volunteer experience (1 page)
7. Work sample (example: Case plan from SWU 291 or group project SSE 111)
8. Awards received (if applicable)
9. Certificates received (if applicable)
10. Association affiliation (if applicable)

Course Presentation (300pts)

Student will present on the current state of practice within their area of professional interest. The presentation must be a minimum of 10 minutes.

Completion of quizzes in Helping Skills book (600pts)

See Canvas

Interview skills test (300 pts)

After completing the Helping Skills chapter quizzes students will demonstrate their interviewing skills by interviewing the instructor.

Exams (300pts)

Mid-term Exam 100pts

Final Exam 200pts

Grade Scale

How to figure (points received/points possible) X 100

Above 90	A
80 – 89	B
70 – 79	C
60 – 69	D
Under 60	F

Himdag Cultural Component:

Tohono O’odham traditions and cultural beliefs will be discussed as relevant to course topics, and only as appropriate to the Tohono O’odham Nation’s traditional standards for sharing information as determined by the Himdag Committee.

Policies and expectations-

Classroom behavior/expectations:

This class is a professional adult learning environment, and both the instructor and students are expected to conduct themselves in a manner consistent with respect and academic conduct.

Late work/Make-up rules

Work not turned in by due date will have 10% deduction for first 7 days it is late and 50% deduction after 7 days post due date.

Unless prior arrangements are made with instructor, exams and quizzes can be completed late for 75% of the original value of the exam or quiz.

Attendance and/or Participation requirements

Attendance is required for this course, students may have 3 excused absences per semester, after 3 absences missing class will result in unexcused absence and referral will be made to retention coordinator.

ADA Statement

Tohono O’odham Community College complies with the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973, as amended. In addition, TOCC complies with other applicable federal and state laws and regulations that prohibit discrimination on the basis of disability.

Reasonable accommodations, including materials in an alternative format, will be made for individuals with disabilities when a minimum of five working days advance notice is given. Students needing accommodations are encouraged to contact the Vice President of Student Services, at (520) 383-8401. For additional information, see the TOCC Student Handbook.

Academic dishonesty definition/policy statement:

Plagiarism, cheating and other forms of academic dishonesty are prohibited. Students guilty of academic misconduct, either directly or indirectly, through participation or assistance, are immediately responsible to the instructor of the class. In addition to other possible disciplinary sanctions, which may be imposed through the regular classroom policy and college policy. Cheating in this course is based on the perception of the instructor.

Course Outline:

Topic 1 – Social Services and Theory

Topic 2 – Individual Skill Development

Topic 3 – Culture and indigenous practice

Topic 4 – Theory: Ecological and Systems Theory

Topic 5 – Theory: The strengths perspective and the task-centered model

Topic 6 – Theory: Conflict theory

Topic 7 – Theory: Humanism and client-centered theory

Topic 8 – Theory: Cognitive and behavioral theories

Topic 9 – Theory: Empowerment theory

Topic 10 – Theory: Crisis theory

Topic 11 – Theory: Feminist and critical theories

Topic 12 – Theory: Transtheoretical model

Fall Semester 2018	
First Day of Classes with Welcome/Blessing	Aug 20, 2018
Add without Instructor's signature	Aug 20 - 24, 2018
Add with Instructor's signature	Aug 27 - 31, 2018
Labor Day - College Closed	Sep 3, 2018
Drop/Full Refund Deadline	Sep 4, 2018
O'odham Tas - College Closed	Sep 28, 2018
Fall Break	October 1 - 5, 2018
St. Francis Day - College Closed	Oct 4, 2018
45th Day Census	Oct 5, 2018
Withdrawal Deadline	Nov 2, 2018
Veteran's Day - College Closed	Nov 12, 2018
Thanksgiving Holiday - College Closed	Nov 22-23, 2018
Last Week of Classes/Final Exams	Dec 10-14, 2018
Final Grades Due	Dec 18, 2018
Winter Break - College Closed	Dec 24, 2018 - Jan 1, 2019

DISCLAIMER: This syllabus is designed to evolve and change throughout the semester based on class progress and interests. You will be notified of any changes as they occur.