Syllabus: *PSY 101-1 Introduction to Psychology*

Course Information	
Course Prefix/Number: PSY 101-1	Credit Hours: 3
Semester: Spring 2019	Course Title: Introduction to Psychology
Class Days/Times: **Tuesday and Thursday 1:00pm to 2:15pm**	Room: Main Campus, Gewkdag Son Ki, GSK 4

Instructor Information:	Phone/Voice Mail: 520-383-0048
Name: Dr. Curtis Peterson, Ph.D.	E-mail: cpeterson@tocc.edu
	Office location: Ha-Mascamdam Ha-Ki
	Office hours: Mon-Wed 2:30pm to 4:30pm; Tues-Thurs 11am to 1pm

Course Description:

Survey of general psychology. Includes a definition of psychology, history of psychology, research methods and critical thinking, biological basis of behavior, sensory process, receiving the world, states of consciousness, conditioning and learning, memory process, motivation and emotions, role of health psychologists, role of stress in our lives, major stages in child and life span development, gender identity and sexuality, intelligence, personality theories, psychological disorders, therapeutic approaches, social psychology research.

Course Objectives:

Upon completion of the course, the student will be able to do the following:
1. Describe the history of psychology, including psychological perspectives and research methods.
2. Explain how the nervous system and other biological systems influence behavior.
3. Summarize the stages and major theories of life span development.
4. Describe the processes of perceptual organization and interpretation.
5. Compare and contrast the major learning theories.
6. Discuss memory formation, retention and loss. Explain how memory can be improved.

7.   Elucidate the connections between thinking, language, and intelligent behavior.
8.   Summarize the major concepts of motivation and emotion and how they relate to behavior.
9.   Compare and contrast the major personality theories.
10. Describe the characteristics and causal factors associated with major psychological disorders.
11. Identify and discuss the theoretical underpinnings of approaches to psychotherapy.
12. Describe the stress process and explain the interaction between stress and health.
13. Appraise social psychology research findings related to social thought, behavior, and relations.

Course Structure:

This course is lecture and activity based. Students are expected to come to class and learn information being presented, willing to ask questions, and ready to engage in classroom activities. Classroom activities may include group work within the class or take-home assignments.

Texts and Materials: Guidebook handed out first day of class, plus other learning resources posts on Canvas.

Evaluation and Grading & Assignments:

Approximately one third of your grade is based on class attendance and being active during discussions in class. Another one third is based on the completeness of your guidebook and includes completion of all activities, thoughtful reflections, and notes you make in the book. The final third is based on two exam scores, the first is mid-term which will cover content from start of semester to the date of the exam, and the second is a comprehensive final which will cover from the beginning of the semester to the end.

Class attendance and participation 16 weeks X 24 points = 384 points (38.4% of grade)

Review Guidebook Mid-term = 158 points (15.8% of grade)

Review Guidebook Final = 158 points (15.8% of grade)

Mid-term Exam = 100 points (10% of grade)

Final Exam = 200 points (20% of grade)

Total Points Possible = 1,000 points

Grade Scale

How to figure (points received/points possible) X 100

Above 90   A
80 – 89   B
70 – 79   C
60 – 69   D
Under 60   F

(*June 14, 2010, version*)

Himdag **Cultural Component:** Human behavior and mental processes – and indeed our interpretation of such things – always occurs within the context of culture. During the exploration of each of the topic areas within this course, emphasis will be placed on how each psychological concept is viewed through the lens of the Himdag and Tohono O'odham's way of life and experience.

Policies and expectations-

Classroom behavior/expectations:

This class is a professional adult learning environment, and both the instructor and students are expected to conduct themselves in a manner consistent with respect and academic conduct. The instructor gives all of his student's permission to ask others in the classroom to stop disruptive behaviors (ex. texting, talking to others during lecture, chewing gum or eating food loudly, etc.). If a student is asked to stop being disruptive they are expected to (a) act like an adult, (b) stop their behavior, or (c) leave the class. If the instructor has to ask a student to leave (or stop their disruptive behavior) they will have need to meet with the Assistant Dean of Student Affairs before being able to return to the class.

Extra credit/Late work/Make-up rules

Extra credit maybe offered throughout the course but is not guaranteed.

Late work can only be made up if arrangements are made with the instructor BEFORE the due date of the given work. If a student has an emergency, it is up to the instructor to decide if the student will be allowed to make-up the work, but is not guaranteed (some emergencies are just not an excuse to place your academic career in second place).

Students should have a back-up plan for common emergencies such as vehicle breaking down, loss of childcare, problems with work, and managing personal crises

Attendance and/or Participation requirements

Participation and attendance in class is a major part of the course grade and content. If you are going to miss a class contact instructor before the date you will miss, and he will email an alternative assignment that can be completed in order not to lose the attendance points for that day you miss. Note unless it is an emergency where you did not have access to a phone, alternative assignments can only be made if the student contacts the instructor before the date missed. NOTE: Students are still responsible for the content of the class that day in order to complete assignment in Guidebook and for exams.

ADA Statement

Tohono O'odham Community College complies with the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973, as amended. In addition, TOCC complies with other applicable federal and state laws and regulations that prohibit discrimination on the basis of disability.

Reasonable accommodations, including materials in an alternative format, will be made for individuals with disabilities when a minimum of five working days advance notice is given. Students

needing accommodations are encouraged to contact the Dean of Student Services, at (520) 383-8401. For additional information, see the TOCC Student Handbook.

Academic dishonesty definition/policy statement:

Plagiarism, cheating and other forms of academic dishonesty are prohibited. Students guilty of academic misconduct, either directly or indirectly, through participation or assistance, are immediately responsible to the instructor of the class. In addition to other possible disciplinary sanctions, which may be imposed through the regular classroom policy and college policy. Cheating in this course is based on the perception of the instructor.

Harassment

Under policies by the college and under Federal Code Title IX, there is zero tolerance in this classroom for harassment that is sexual in nature, or based on gender, age, or race. If you experience this in this class, please notify the instructor. If you do not feel comfortable going to the instructor, instructions on how to report harassment under Title IX can be found in the Student Handbook or go to the following website https://www.tocc.edu/ccampus-security.

Course Outline:

The course outline is based on topics, during the semester to meet the standard requirements of an Introduction to Psychology, we must get through all the topics. How quickly we get through each topic is based on the needs and interest of the class. In order the topics are as follow:

Topic 1: Introduction to the study of psychology. Surveys the history and major fields of thoughts.

Topic 2: Scientific Method. While psychology grew out of philosophy, modern psychology uses the scientific method to investigate human behavior and mental processes. This topic explores the different ways in which psychologist use the scientific method to investigate psychological process.

Topic 3: The biological basis of psychology explores mainly the nervous system of the human body and how it gives way to our physical experience of the world around us.

Topic 4: Sensation and Perceptions. In order to have a conscious experience of our world, we first must be able to sense our surrounding and then understand it through our perceptions. Topic 4 explores the study of sensations and perceptions, and how many times our perceptions are not what we actually sense in the world.

Topic 5: Development. Psychologist have learned over the past several decades that we develop and change through-out the life cycle. This topic section will survey what we know happens at each stage of life and how we change across the lifespan.

Topic 6: Learning. Learning for psychologist is not necessarily what we experience in the classroom but rather how our behaviors change in response to a given experience. This section will explore how behavior change occurs and the rules that govern those changes.

Topic 7: Cognition and memory. One of the unique things about being a human is our ability to do self-reflection, and to consciously remember past experiences and purposely change our behavior and emotions in our current situation based on those past experiences. This ability is so engrained in us

that we often do not realize how uniquely human this ability is and has resulted in many of human being success, and unfortunately failures as well.

Topic 8: Emotions and attitudes. While our emotions and our attitudes are actually poor predictors of our actual behavior, they do determine our experience of those behaviors and situations. They also can gravitate us towards others who will help maintain those emotions and attitudes either for the better or the worst. This section examines how emotions and attitudes are used to govern and determine our experience of a given situation.

Topic 9: Personality and individual differences. Ever wonder what makes you unique? The study of personality and individual differences is the field that tries to answer that particular question. This section will explore how different personality factors shape our individual experience of the world around us.

Topic 10: Social psychology. Humans as a species is one of the most social based species, indeed, most of the higher areas of the human brain is dedicated to processing social information, unlike most other species where their brains mainly focus on processing of incoming stimuli and immediate responses. This section explores how individuals influence others, and how others can influence an individual's behavior.

Topic 11: Abnormal psychology. The last topic of the course will explore how a society determines what is abnormal behavior, and will explore the concepts of psychological disorders (including mood disorders, psychosis, anxiety disorders, and personality disorders). Some emphasis will be placed on the identification and treatment of different disorders.

Spring Semester 2019	
Staff Return	Jan 2, 2019
First Day of Classes with Welcome/Blessing	Jan 14, 2019
Add without Instructor's signature	Jan 14 - 18, 2019
Martin Luther King Jr. Day - **College Closed**	Jan 21, 2019
Add with Instructor's signature	Jan 22 - 28, 2019
Drop/Full Refund Deadline	Jan 29, 2019
President's Day - **College Closed**	**Feb 18, 2019**
45th Day Census	Feb 28, 2019
Graduation Application Due	Mar 8, 2019
Spring Break	Mar 11-15, 2019
Withdrawal Deadline	Mar 29, 2019
Last Week of Classes/Final Exams	May 6-10, 2019
Final Grades Due	May 14, 2019
Commencement	May 17, 2019
Memorial Day - **College Closed**	**May 27, 2019**

(*June 14, 2010, version*)

DISCLAIMER: This syllabus is designed to evolve and change throughout the semester based on class progress and interests. You will be notified of any changes as they occur.