



Syllabus: *PSY 214 Abnormal Psychology*

Course Information

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| Course Prefix/Number: PSY 214 Semester: Spring 2019 Class Days/Times: Tues. and Thurs. , 2:30 – 3:45PM | Credit Hours: 3 Course Title: Abnormal Psychology Room: GSK 4 |
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Instructor Information:

Name: Dr. Curtis Peterson, Ph.D.

Phone/Voice Mail: 520-383-0048

E-mail: cpeterson@tocc.edu

Office location: Ha-Mascamdam Ha-Ki RM 118

Office hours: Mon-Wed 2:30pm to 4:30pm; Tues-
Thurs 11am to 1pm

Course Description:

This course is an undergraduate level introduction to the concepts of abnormality, mental health and mental illness. It serves as an introduction to the concepts of normality and abnormality in a cultural context. It also covers current diagnostic categorizations of abnormality and treatment of mental illness along with historical perspectives on these diagnoses and treatments. Abnormal psychology examines the causes, diagnosis, assessment, treatment, and possible prevention of mental disorders; including historical and current theoretical perspectives, classification systems, cultural perspectives and ethical issues.

Course Objectives:

1. Demonstrate knowledge of fundamental theoretical perspectives, principles, concepts, vocabulary and methodology of the study of abnormal psychology.
2. Compare and contrast the major theoretical perspectives found in abnormal psychology.

3. Compare and contrast different classifications of psychological disorders and how culture and social changes influence individual's perceptions of these disorders.
4. Critically analyze information pertaining to abnormal psychology found in film, television, radio, print, and IT sources.
5. Describe the relevance of religion, race, class, gender, age, and ethnicity to understanding differences in the prevalence of disorders and the diagnosis, prognosis, and treatment of these disorders.

Course Structure:

The structure of this course is lecture, class activities, student writing, and student presentation. The goal is to provide the student with a broad survey of the field of sociology but allow the student to research areas of interest more specifically through class activities and assignments.

Texts and Materials:

American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th ed). Washington, DC: American Psychiatric Publishing

Comer, R.J. (2013). *Abnormal Psychology* (8th ed). New York, NY: Worth Publishing. (PDF located on Canvas)

Evaluation and Grading & Assignments:

Class attendance and participation (400pts)

16 weeks @ 25pts per class = 400pts

Course quizzes and exams (650pts)

Reflection 1 – Defining Abnormal Psychology and the role of culture

Reflection 2 – Deviant behavior versus psychological dysfunction

Reflection 3 – Childhood and developmental problems

Reflection 4 – Mood

Reflection 5 – Stress and anxiety

Reflection 6 – Mind and body

Reflection 7 - Psychosis

Mid-term Exam 100pts

Final Exam 200pts

Grade Scale

How to figure (points received/points possible) X 100

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| Above 90 | A |
| 80 – 89 | B |
| 70 – 79 | C |
| 60 – 69 | D |
| Under 60 | F |

Hindag Cultural Component:

Understanding problems individuals face within a cultural context is important. This course covers western thought on mental disorders and mental illness, however, the importance of taking in cultural considerations before assuming an individual's mental state or capacity.

Policies and expectations-

Classroom behavior/expectations:

This class is a professional adult learning environment, and both the instructor and students are expected to conduct themselves in a manner consistent with respect and academic conduct. The instructor gives all of his student's permission to ask others in the classroom to stop disruptive behaviors (ex. texting, talking to others during lecture, chewing gum or eating food loudly, etc.). If a student is asked to stop being disruptive they are expected to (a) act like an adult, (b) stop their behavior, or (c) leave the class. If the instructor has to ask a student to leave (or stop their disruptive behavior) they will have need to meet with the Assistant Dean of Student Affairs before being able to return to the class.

Extra credit/Late work/Make-up rules

Extra credit maybe offered throughout the course but is not guaranteed.

Late work can only be made up if arrangements are made with the instructor BEFORE the due date of the given work. If a student has an emergency, it is up to the instructor to decide if the student will be allowed to make-up the work, but is not guaranteed (some emergencies are just not an excuse to place your academic career in second place).

Students should have a back-up plan for common emergencies such as vehicle breaking down, loss of childcare, problems with work, and managing personal crises

Attendance and/or Participation requirements

Participation and attendance in class is a major part of the course grade and content. If you are going to miss a class contact instructor before the date you will miss, and he will email an alternative assignment that can be completed in order not to lose the attendance points for that day you miss. Note unless it is an emergency where you did not have access to a phone, alternative assignments can only be made if the student contacts the instructor before the date missed. NOTE: Students are still responsible for the content of the class that day in order to complete assignment in Guidebook and for exams.

ADA Statement

Tohono O'odham Community College complies with the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973, as amended. In addition, TOCC complies with other applicable federal and state laws and regulations that prohibit discrimination on the basis of disability.

Reasonable accommodations, including materials in an alternative format, will be made for individuals with disabilities when a minimum of five working days advance notice is given. Students needing accommodations are encouraged to contact the Dean of Student Services, at (520) 383-8401. For additional information, see the TOCC Student Handbook.

Academic dishonesty definition/policy statement:

Plagiarism, cheating and other forms of academic dishonesty are prohibited. Students guilty of academic misconduct, either directly or indirectly, through participation or assistance, are immediately responsible to the instructor of the class. In addition to other possible disciplinary sanctions, which may be imposed through the regular classroom policy and college policy. Cheating in this course is based on the perception of the instructor.

Harassment

Under policies by the college and under Federal Code Title IX, there is zero tolerance in this classroom for harassment that is sexual in nature, or based on gender, age, or race. If you experience this in this class, please notify the instructor. If you do not feel comfortable going to the instructor, instructions on how to report harassment under Title IX can be found in the Student Handbook or go to the following website <https://www.tocc.edu/ccampus-security>.

Course Outline:

Defining Abnormal Psychology and the role of culture
Deviant behavior versus psychological dysfunction
Childhood and developmental problems
Mood
Stress and anxiety
Mind and body

Psychosis

| Fall Semester 2018 | |
|----------------------------------------------|-----------------------------------|
| First Day of Classes with Welcome/Blessing | Aug 20, 2018 |
| Add without Instructor's signature | Aug 20 - 24, 2018 |
| Add with Instructor's signature | Aug 27 - 31, 2018 |
| Labor Day - College Closed | Sep 3, 2018 |
| Drop/Full Refund Deadline | Sep 4, 2018 |
| O'odham Tas - College Closed | Sep 28, 2018 |
| Fall Break | October 1 - 5, 2018 |
| St. Francis Day - College Closed | Oct 4, 2018 |
| 45th Day Census | Oct 5, 2018 |
| Withdrawal Deadline | Nov 2, 2018 |
| Veteran's Day - College Closed | Nov 12, 2018 |
| Thanksgiving Holiday - College Closed | Nov 22-23, 2018 |
| Last Week of Classes/Final Exams | Dec 10-14, 2018 |
| Final Grades Due | Dec 18, 2018 |
| Winter Break - College Closed | Dec 24, 2018 - Jan 1, 2019 |

DISCLAIMER: This syllabus is designed to evolve and change throughout the semester based on class progress and interests. You will be notified of any changes as they occur.