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## Syllabus: *Substance Abuse Prevention*

### *SSE 123*

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Course Information	
Course Prefix/Number: SSE 123	Credit Hours: 3
Semester: Spring 2020	Course Title: Substance Abuse Prevention
Class Days/Times: <i>Online</i>	Room: Online

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Instructor Information:	Phone/Voice Mail: <b>602 570-0935</b>
Name: Sandra Leal	E-mail: SandraLLeal@gmail.com
	Office location: online
	Office hours: <i>By appointment on phone</i>

<p><b>Course Description:</b> Comprehensive review of approaches to prevention. Includes drug control policies and the impact of abused substances on all segments of society. Also includes focus on the resources of multiple societal sectors to reduce the demand for drugs.</p>
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**Student Learning Outcomes:** Upon completion of this course, students will be able to do the following:

1. Describe the major principles of drug prevention
2. Describe the role of law enforcement and regulatory agencies in prevention efforts
3. Explain the role of the government and schools in prevention
4. Discuss the importance of the advertising industry and mass media with respect to prevention.
5. Explain the prevention strategies/programs for special populations.
6. Discuss the pros and cons of drug testing.
7. Describe contemporary issues of legalizing/decriminalizing drug use.
8. Discuss the role of advertising and mass media in prevention.
9. Evaluate the effectiveness of a substance abuse prevention program through visitation/observation.
10. Discuss programs that work and funding sources.

**.Course Outline**

1. Principles of Prevention
  - a. Primary Prevention
  - b. Secondary Prevention
  - c. Tertiary Prevention
2. Systems-Oriented Prevention Strategies
3. Client-Centered Prevention Strategies
4. Systems-Oriented Prevention Programs and Funding
5. Controversial Prevention Issues
  - a. Drug Testing
  - b. User Accountability
  - c. Legalizing/Decriminalizing Drug Use
6. Client-Centered Prevention Programs and Funding
7. Special Populations
  - a. College Students
  - b. Helping Professionals
  - c. Children
  - d. Adolescents
  - e. Pregnant Women
  - f. Newborns
  - g. Children of Alcoholics and Addicts
  - h. Ethnic Minorities
  - i. Inner-City Youth
  - j. Older Adults
  - k. Psychiatric Patients
8. Out studies/Research

## 9. Program Evaluation

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**Course Structure:** Our course is a 16 week online course that will examine Prevention of Substance abuse and misuse. Each week you will be reading, discussing and submitting assignments online. All assignments are due on Sunday and Tuesday evenings before 11:59 PM. Plan to spend 4-6 hours per week reading, watching videos, discussing concepts, submitting assignments or taking a quiz. If at any point during the semester you need help, please email ASAP. I am here to guide your learning, provide feedback on your learning and help you learn to think deeply.

**Texts and Materials:** This Course is divided into 6 modules, covering 13 chapters in your textbook. You will have weekly readings, assignments, discussions, and videos used to deepen your knowledge and learning. Read on for more details.

**Textbook:**

Drugs in Perspective: Causes, Assessment, Family, Prevention, Intervention, and Treatment (B&b Health) Richard Fields Ph.D. 9th 25 McGraw-Hill Education

**Assignments:** The purpose of written assignments is for the student to think critically and analytically about issues and ideas related to the subject area. The assignments are meant to validate that you are doing the work, reading the course materials, researching and learning. They are not meant to be a burden or busy work. How well and thorough you respond to the assignments indicates to me whether or not you understand the subject areas.

Six modules will have assignments to demonstrate you understand the week's main concepts. All assignments have a due date and deadline time. Assignments are due on Tuesdays and Thursdays by 11:59 p.m.

**Discussions:** You will benefit greatly by leveraging the vast and diverse experience everyone has in this course by fully participating in the discussions. As you interact with each other in the discussions you will build relationships which may be helpful for you in the course as well as after the course. In an online course, often students are working alone without interaction with others. But, I believe that online discussions foster a sense of community and connection between the teachers and the students and each other. As a result everyone talks to each other and students don't feel alone. Online discussion fosters collaboration and higher order thinking skills that better prepare students for the type of work they'll find in college and career. A grading rubric will help you craft your discussion post and responses.

**Journal Entry:** You will have four self-reflection/self-assessment journal entries to complete in this course. Check out this site for an overview of journaling tools, uses and techniques: <https://www.goodtherapy.org/learn-about-therapy/types/journal-therapy>

**Quizzes:** Yes, you will have quizzes in each chapter. They will consist of short answer, true/false and multiple choice questions. The questions are designed to help you apply the course materials and they are not easy. You will need to know the chapter materials well in order to pass the tests. You will not be able to access the quiz after the due date.

**Evaluations and Grading & Assignments:**

90 and above is an A  
80 - 89 is a B  
70 - 79 is a C  
60 - 69 is a D  
Under 60 is Failing

**Your grade will be determined by the following a point based system.**

Assignments are worth 20 points  
Discussions are worth 25 points  
Quizzes are worth 25 points

**Himdag Cultural Component:**

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**Policies and Expectations:**

**Communication Policy:** It is very important for us to communicate with each other throughout the semester. I am available in person for appointments on the Phoenix College campus, by email, phone and during my office hours. Do not hesitate to contact me if you have questions, concerns, or suggestions.

I make every effort to respond to you within 24-48 hours. Please note that I usually do not respond to emails over the weekends or on holidays. Your assignments are due during the week so I can be available to you should you need assistance.

The most efficient way to contact me is through the Canvas Inbox or to send me an email. The least efficient method is on my phone.

Etiquette refers to the generally accepted rules of behavior for communicating in both the face-to-face and the online environment (known as netiquette).

1. be professional and careful with what you say or post in class. Express your thoughts clearly and concisely.
2. be careful when using sarcasm and humor. Communications, especially online, are very impersonal and others may take your words as criticism.
3. be courteous and respectful of other people. If you use abusive or offensive language, you may potentially be removed from your course according to the Student Handbook.
4. Use common sense - is this message something that you want to be said or sent to you?

#### **Safe Classroom Environment Statement**

Disagreement within the classroom does not equal disrespect, you are encouraged to have different points of view, different opinions and values, however, it is required that students monitor their language within discussions. Racist, sexist, or homophobic language will not be tolerated. Consult the student handbook for college policies regarding these types of behavior.

#### **Attendance Policy**

You are expected to arrive to class on time and be prepared to participate in each module. Online attendance is tracked by your submission of assignments. Four unexcused absences may result in withdrawal and a "W" or "Y" will be recorded. You may request to be excused from class for religious observances and practices, for illness, for school or work-related travel or for personal or family emergency. **If you will be absent, please notify me as soon as possible.**

#### **Incomplete Policy**

Incomplete (I) grades are not awarded automatically. The student must request an "I" from the instructor who can choose to award an Incomplete only if all three of the following conditions are met:

1. The student must be in compliance with the attendance policy.
2. The student must have unavoidable circumstance that would prohibit the student from completing the course.
3. The student must have completed over 75% of the course requirements with at least a "C" grade.

Incompletes are not a substitute for incomplete work due to frequent absences or poor academic performance. Incomplete grades that are not made up by the end of the ninth week of the following semester will be automatically changed to an F if the agreed upon work, as stipulated on the written form signed by the instructor and the student when the I grade is awarded, is not completed.

#### **Instructor Withdrawals**

Students who have missed four consecutive classes (or the equivalent) not submitted any assignments nor taken any quizzes by the 45th day census report, due on [date of 45th day are assumed NOT to be participating in the class and may be withdrawn at the faculty member's discretion

### **Student Withdrawals**

Students may withdraw from class at any time during the first 2/3 of the semester without instructor permission and without incurring any grade penalty. Please be sure to withdraw yourself if you do not expect to complete the class, otherwise you may receive an "F" grade.

### **Special Withdrawals (Y) Grade**

The "Y" grade is an administrative withdrawal given at the instructor's option when no other grade is deemed appropriate. Your instructor must file a form stating the specific rationale for awarding this grade. "Y" grades are discouraged since they often affect students negatively. Your instructor will not award a "Y" grade without a strong reason.

### **Equal Access Statement/Disability Accommodations**

Tohono O'odham Community College seeks to provide reasonable accommodations for qualified individuals with disabilities. The College will comply with all applicable regulations, and guidelines with respect to providing reasonable accommodations as required to ensure an equal educational opportunity. This process includes self-identifying as a student with a disability, providing supporting documentation of their disability, and being approved for services through the Disability Resources Office (DRO). It is the student's responsibility to make known to their instructor(s) the student's specific needs within the context of each class in order to receive appropriate accommodations. We will work together in order to develop an accommodation plan specifically designed to meet the individual student's requirements.

For more information or to request academic accommodations, please contact: Anthony Osborn, TOCC Disabilities Resource Coordinator, aosborn@tocc.edu, or 520-383-0033 for additional information and assistance.

### **Title IX**

Tohono O'odham Community College encourages each student to have the knowledge and skills to be an active bystander who intervenes when anyone is observed or being harassed or endangered by sexual violence. Sexual discrimination and sexual violence can undermine students' academic success and quality of life on campus and beyond. We encourage students who have experienced or witnessed any form of sexual misconduct to talk about their experience and seek the support they need.

Confidential support and academic advocacy can be found with: Student Services Title IX Coordinator/Counselor, Alberta Espinoza, M.Ed. located in I-We:mta Ki: Room 18. Phone 520-383-0033 email: aespinoza@tocc.edu

**Conduct: Bias, Bullying, Discrimination and Harassment**

Tohono O'odham Community College faculty and staff are dedicated to creating a safe and supportive campus environment as a core value. Harassment based on age, class, color, culture, disability and ability, ethnicity, gender, gender identity and expression, immigration status, marital status, political ideology, race, religion/spirituality, sex, sexual orientation, and tribal sovereign status will not be tolerated.

**Courses Outline: Assignment Grading Details**

1. Please plan to prepare and submit the following learning opportunities. Weekly reading materials. This is where you will gain your deepest knowledge.
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3. Weekly assignments and/or discussions will demonstrate your understanding of the knowledge that is offered in your readings
4. Weekly practice quizzes will help keep you on your learning track.
5. Self-Reflection Journal will assist you in developing awareness and self-insight which is demanded in the field of crisis work.

**DISCLAIMER:** This syllabus is designed to evolve and change throughout the semester based on class progress and interests. You will be notified of any changes as they occur.

**Course Policies:**

- 1) Students are expected to attend each class. Online attendance is recorded as course work submissions.
- 2) Students are expected to contact instructor prior to absences. This will allow for make-up work if needed.
- 3) Unexcused absences/failure to submit work is counted as an absence.
- 4) Class participation and preparation are essential to student success. Students must read textual material, prepare for projects, and complete required research as stated on the course schedule.
- 5) Students are expected to log on to Canvas prepared for class and having done any preliminary work required as per the course schedule.
- 6) Failure to submit a project results in a grade of zero (0). An F is a better grade!

7) No work accepted after the last class

**Make-up policy:**

Late assignments that can be made up will be accepted but will be penalized 25%. . At the instructor's discretion, extra credit opportunities and optional activities may be provided.

**Academic Integrity:**

Violations of scholastic ethics are considered serious offenses by Tohono O'odham Community College, the Student Services Department, and by your instructor. Students may consult the TOCC Student Handbook sections on student code of conduct, on scholastic ethics and on the grade appeal procedure. Copies are available at Tohono O'odham Community College.

All work done for this class must be your own, or the original work of your group. While you may discuss assignments with other class members, the final written project must clearly be original. You may use work from books and other materials if it is properly cited. Copying from a book without proper reference or from a person under any circumstances will result in an "F" for the assignment, and at the instructor's discretion, possibly an "F" for the course. If you are uncertain about proper citations ask your instructor or the librarian.

**Course Feedback:**

All assignments will be graded and returned to the students promptly, typically within a week after the assignment is closed for handing in. E-mail and phone messages will be returned within two days. A student or the instructor may request a student conference at any time during the semester. Quarterly grade reports will be provided to each student, either in person, by email or via the electronic system of Canvas.

***Your success in this course is important to me. Congratulations on reading or in the very least, looking over this entire syllabus. Now, email me with a question or a comment about this course to receive credit as your first assignment.***